

**EVIDENCE BASED  
APPROACH TO  
DIAGNOSIS AND  
TREATMENT OF  
MUSCULOSKELETAL  
CONDITIONS**



**SUNCOAST  
INTEGRATED  
HEALTH.**

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# EXTRACORPOREAL SHOCKWAVE THERAPY

Available at Suncoast Integrated Health

# NEED TO KNOW

## WHAT IS SHOCKWAVE?

Shockwave is an acoustic wave which carries high energy to painful spots and myoskeletal tissue. The energy promotes regeneration and reparative processes of the bones, tendons and other soft tissues.

## MEDICAL EFFECTS

- New blood vessel formation
- Reversal of chronic inflammation
- Stimulation of collagen production
- Dissolution of calcifications
- Dispersion of the pain mediator "Substance P"
- Release of Trigger Points

## TREATMENT INDICATIONS

- Plantar fasciitis & Heel spurs
- Jumper's knee
- Tennis & Golfer's elbow
- Painful Shoulder
- Calcific tendinosis
- Insertional pain
- Chronic tendinopathies
- Meial tibial stress syndrome
- Chronic non-union fractures
- Trochanteric bursitis & hip pain
- Calcifications
- Trigger Points related headaches

## CONSIDERATIONS

Shockwave is very safe for most people with limited contraindications. Potential bruising and inflammation-related soreness may occur. Therefore, shockwave may not be suitable for people with inflammatory conditions, with clotting disorders, or on blood thinners.

A doctor of chiropractic, with minimum 8 years education, will assess and diagnose your condition and determine whether Shockwave therapy is right for you.

***DEVOTED TO  
APPLIED MEDICAL  
EXCELLENCE TO HELP  
THE COMMUNITY.***

